Report

of the

University of Minnesota

Task Force on Community Research

2 December 2008 (revised 19 February 2009)
TASK FORCE MEMBERS

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CHARGE TO THE TASK FORCE

In late 2007, a university-wide task force was charged by Frank B. Cerra, MD, Senior Vice President for Health Sciences, to assist the University better perform community-based research. The task force goal was to develop principles, policies, and procedures that engage the community, strengthen community linkages, respect community values, and coordinate faculty activities in our various communities. The members of the task force were selected because each has considerable experience, expertise, and credibility in community-based work.

TASK FORCE PROCESS

The task force met on four occasions throughout 2008 and did considerable work using a dedicated, secure website (using Moodle) and online and e-mail discussions. The draft report was circulated to a limited number of university officials with relevant expertise for review and comment.

The report contains the following elements:

- Definitions
- Types of community-based research
- Principles for each type of community-based research
- Recommendation for a new university policy

DEFINITIONS

Community

A community is a group that self-identifies by geography, age, ethnicity, gender, sexual orientation, disability, illness or health condition, common interest or cause, a sense of identification or shared emotional connection, shared values or norms, mutual influence, or commitment to meeting a shared need. Community need not be defined solely by geography.

Defining “community” in a community-university partnership is more about the process of asking questions than about a strict definition of who “is” community or “represents” community: “Are those most affected by the problem at the table? Are community members at the table? Are those who have a stake in the issue being addressed at the table? Do they play decision making roles?” The purpose of the research partnership drives the definition - each project must define the community of interest.

Community engagement is the process of working collaboratively with a community to address issues affecting the well being of the community.
Community-based Research

This term has different meanings for different people. Here we will use the term to refer to any research that takes place in or involves a community. More precise definitions reflect the degree of engagement of the community in the research, which can take place along a spectrum of engagement and shared governance. Many refer to this research as community-engaged research.

Community-placed research is a researcher-initiated project involving a one time or short-term relationship between the investigator and the community, with limited community involvement beyond being a venue for recruiting research participants or for implementing research procedures.

Basic community partnership research is a project that involves a relationship with a community partner in which the researcher makes the key decisions in the project, but considers the needs and interests of the community in how the research is conducted and how the outcomes are disseminated.

Close community partnership research is an ongoing collaborative project in which goals are co-defined in ways that balance benefit to the researcher and utility of the findings for the community. There is some sharing of decision making between the researcher and the community, but the research methodology is primarily determined by the researcher.

Community-based participatory research (CBPR) is a project defined by co-creation of project ideas and procedures by researchers and a community, substantive participation by the community in all or nearly all stages of the research, and shared governance (equal sharing of power and decision-making responsibilities). There is an expectation that findings will be used to change systems or solve community problems.

TYPES OF COMMUNITY-BASED RESEARCH

The typology displayed in Appendix 1 and defined above represents a continuum of involvement between University researchers and communities. It maps degrees of collaboration, but is not meant to suggest a hierarchy of value, with some types being “better” than others. Some research projects do not require much collaboration with communities, and others require very close collaboration — but all research involving communities should follow best practices for respectful and productive relationships between University researchers and communities. The typology is to be used to determine where along the spectrum between community-placed research and community-based participatory research a particular research project fits.

PRINCIPLES

These principles delineate the topics of a series of conversations that need to take place in order to develop successful community research projects and partnerships.
Principles for community-placed research

*Human research has historically been guided by principles relating to risk and benefits to the individual research subject. Community-placed research has interaction with the community that goes beyond interactions with individual potential research subjects and, therefore, requires consideration of the risks and benefits to the stakeholder community. These principles are in addition to those principles for all human subject research.*

1. The researcher should be aware and respectful of community interests that go beyond those of individual potential research subjects
2. The researcher should identify stakeholders other than individual potential research subjects
3. The researcher should inform stakeholders in addition to individual potential research subjects about the research
4. The researcher should invite feedback regarding concerns about the research from stakeholders in addition to individual potential research subjects

Principles for basic community partnership research

Principles 1-4, plus:
5. The researcher should respect the community partner’s interest in the project and be open to ways that the community might benefit or want to use the information.
6. The researcher should disseminate research findings to stakeholders in addition to individual research subjects.

Principles for close community partnership research

Principles 1-6, plus:
7. Research goals should be co-defined, procedures agreed upon, and grants written collaboratively.
8. The researcher should work on team building for close partnership with the community partner.
9. The researcher should work on capacity building for the community partner so that the partners are stronger because of the collaboration.
10. The dissemination of the research should be used to help build capacity in the community partner and the collaboration.

Principles for community-based participatory research

*Community-based participatory research has its own set of principles that supplant and go beyond the above principles.*

1. The research topic should respond to a community-defined need or question and have as an aim to combine knowledge with action to achieve social change.
2. Academic partners should be open to the guidance of community insights and wisdom.
3. Partners should agree upon mission, values, goals, resources, measurable outcomes and accountability for the partnership. Academic partners are especially accountable to the community with which they are working for the impact collaborative activities may have on it. Partners should each identify their own expected benefits of the project and work to help each other achieve them.
4. The relationship between partners should be characterized by mutual trust, respect, genuineness and commitment. Partners reflect awareness of ways their beliefs, values and personal history may impact collaborative activities and demonstrate capacity to respect, honor, and accommodate other’s belief systems, cultural knowledge and customs.

5. The partnership should balance power among partners and enable resources among partners to be shared. Decision-making must be shared. Governance must be shared or be led by the community. Specific plans (principles and processes) for decision-making, governance, and conflict resolution must be clearly defined by the partners at the start of the project.

6. The partnership should build upon identified strengths and assets, but also work to address needs and increase capacity of all partners.

7. Partners should make clear and open communication an ongoing priority by striving to understand each others’ needs and self-interests, and develop a common language.

8. Partners should recognize that race, ethnicity, class, and other aspects of culture matter and talk openly about these issues.

9. There should be feedback among all stakeholders in the partnership, with the goals of continuously improving the partnership and its outcomes.

10. Partnerships can dissolve and should plan a process for closure.

UNIVERSITY POLICY RECOMMENDATIONS

The task force recommends that a new university policy be adopted that sets expectations for university researchers who engage communities in their academic work. A draft policy is included (Appendix). In addition to this policy, the Task Force notes that the recognition of public engagement in promotion and tenure determinations, post-tenure review decisions, faculty development activities, and research courses is essential to attain the desired improvements in the performance of community-based research.
# Appendix 1. CONTINUUM OF COMMUNITY-BASED RESEARCH

<table>
<thead>
<tr>
<th>Community-Placed Research</th>
<th>Basic Community Partnership Research</th>
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<td><strong>Definition</strong></td>
<td>A researcher-initiated project involving a one time or short-term relationship between the investigator and the community, with limited community involvement beyond being a venue for recruiting research participants or for implementing research procedures.</td>
<td>A project that involves a relationship with a community partner in which the researcher makes the key decisions in the project, but considers the needs and interests of the community in how the research is conducted and how the outcomes are disseminated.</td>
<td>A project defined by co-creation of project ideas and procedures by researchers and a community, substantive participation by the community in all or nearly all stages of the research, and shared governance (equal sharing of power and decision-making responsibilities). There is an expectation that findings will be used to change systems or solve community problems.</td>
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| **Examples**              | • A one-time community survey of children's reading ability.  
  • Recruitment of study participants with diabetes in a particular at-risk community. | • Tracking children's reading abilities over time in a cooperating school.  
  • A treatment study and follow up of people with diabetes in a cooperating health care clinic. | • A co-created initiative of parents, students, school, researchers to improve reading in a school.  
  • A co-created community intervention to improve community capacity for self-care of diabetes. |
| **Principles**            | Principles # 1-4 apply | Principles # 1-6 apply | Principles # 1-10 apply | CBPR has its own set of principles that supplant and go beyond principles #1-10. CBPR Principles # 1-10 apply. |
Policy Statement

The University of Minnesota recognizes the importance of research conducted within communities. When conducting or participating in these research activities, the university desires to engage the community, strengthen community linkages, and respect community values. Human research has historically been guided by principles relating to risk and benefits to the individual research subject. Community-placed research has interaction with the community that goes beyond interactions with individual potential research subjects and, therefore, requires consideration of the risks and benefits to the stakeholder community. The following principles are in addition to those principles for all human subject research.

Because there is a continuum of involvement between University researchers and communities, a single set of guidelines is not appropriate. However, all research involving communities should follow best practices for respectful and productive relationships. Appendix 1 contains the typology to be used to determine where along the spectrum between community-placed research and community-based participatory research a particular research project fits. The following Principles then guide the research.

Principles for community-placed research

1. The researcher should be aware and respectful of community interests that go beyond those of individual potential research subjects
2. The researcher should identify stakeholders other than individual potential research subjects
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Principles 1-6, plus:
7. Research goals should be co-defined, procedures agreed upon, and grants written collaboratively.
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Principles for community-based participatory research

Community-based participatory research has its own set of principles that supplant and go beyond the above principles.

1. The research topic should respond to a community-defined need or question and have as an aim to combine knowledge with action to achieve social change.
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8. Partners should recognize that race, ethnicity, class, and other aspects of culture matter and talk openly about these issues.
9. There should be feedback among all stakeholders in the partnership, with the goals of continuously improving the partnership and its outcomes.
10. Partnerships can dissolve and should plan a process for closure.

Reason for Policy

With increased incentives for performing translational research and for building community-university partnerships, there is increased potential for more faculty researchers to become involved in community-based research. It is important for faculty to understand the distinctions along the continuum of community-based research. Just as individual research subjects have the Institutional Review Board to consider individual interests, risk, and benefit, it is desirable for the University to more formally consider the community’s interests, risk, and benefit. One potential outcome of this policy is an increased level of trust by communities that engage with the University.

Procedures
None

Forms/Instructions
None

Additional Contacts

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<th>Subject</th>
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**Responsibilities**

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Description of Responsibility

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Appendices

- Appendix 1. Continuum of Community-Based Research

Frequently Asked Questions

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Related Information

- Community Campus Partnerships for Health (http://www.ccph.info/)
- Research Involving Human Subjects (http://www1.umn.edu/regents/policies/academic/HumanSubjects.html)
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